Join us for our Brain Injury Awareness Week event!

**HOPE. Strength. Empowerment.**

Brain Injury Awareness Week 19-25 August 2024

**Key Speaker**

**Myra Fordham**

Myra joins us for Brain Injury Awareness Week 2024 where she will share the wisdom of her experiences, and guide attendees on a journey of empowerment to believe in hope, and to find inner strength to embrace life after brain injury.

The event will also feature a presentation from Clinical Psychologist Rowena Holmes. More information on speakers on reverse.

**Content trigger warning**

Please note that some of the discussions and presentations at the Brain Injury Awareness Week Event will include content about domestic violence.

**Attend in-person or online for FREE**

Registration is essential

Tickets are available via the QR code or on our website. You can also call our admin team on (08) 8217 7600 to register.

**Monday August 19**

9:30am - 12:30pm

Adelaide Convention Centre

braininjurysa.org.au/biaw2024
Myra Fordham

Myra Fordham is a proud Malgnin Gurindji and Wokka Wokka woman, an award-winning leadership expert, best-selling author, mentor and coach. She is also a brain injury survivor. Acquiring her brain injury after an assault from her ex-boyfriend, Myra spent 11 days in a coma before undergoing brain surgery and intensive rehabilitation to learn to walk and speak again, and to overcome depression, anxiety and PTSD. Her experiences shaped her determination to find a way to help others move forwards after trauma, leading her to start her consultant business, Myra Fordham Coaching, which focuses on helping people to master their mindsets, gain clarity, confidence and find purpose. In 2023, Myra was named Darwin NAIDOC Person of the Year, and has been nominated for countless other awards for her work in this space.

Rowena Holmes

Rowena is a Clinical Psychologist, with specialist experience working with individuals with acquired brain injury, and a keen interest in the role of trauma, mental health and social wellbeing in neurorehabilitation. She will be speaking about key psychological approaches to build empowerment, resilience and foster strengths after brain injury.

Event Schedule

9:30 – Gallery open and morning tea served
10:30 – Welcome to Country: Robert Taylor
10:45 – Keynote Presentation: Myra Fordham
11:30 – Clinical Psych presentation: Rowena Holmes
11:45 – Panel: Client and a family member
11:55 – Embrace Life After ABI award presentation

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